

Joliet Bicycle Club Newsletter May 2023



Joliet Bicycle Club

Volume 37, Issue 5, May 2023

Inside this issue:

Message from the President	2
Photos	3
Tech Corner, "New SRAM "Transmission" Rear Derailleur "	4
Door County	5
Membership Corner and Morris Bakery Ride	6
Ride List	7
Ride Definitions / Rules / Etiquette	8
Club Information	9

General
Meeting on
May 4 at
Pizza 4 U at
7:00 PM.







Message from the President

May Flowers & Morris Bakery Ride Social Event

The yo-yo spring weather continues, but the promise of good weather the first weekend of May will be perfect for cycling. Come gather and join the JBC Board Members Sunday, May 7, 2023 for a bike ride from Shorewood Four Seasons Park to the Morris Bakery leaving at 9 am. The ride distance will be 40-45 miles. Too short? Ride out to 5 mile bridge and back for an extra 10 miles. Too long? Consider starting at Channahon State Park for a 30ish mile ride. Start at Plattville if you prefer. Need a shorter ride, ride out of Morris just get to the bakery between 10:15 10:45 for a donut or cookie along with a beverage paid for by JBC. It will be a great weather, right around 70°F. Perfect temperature for hanging out and socializing. Please RSVP on Google Groups so we can give

the Bakery an approximate count. Looking forward to seeing many of you on your bikes Sunday. Wear your JBC jersey if you have one... all versions welcome. Vintage is sweet....

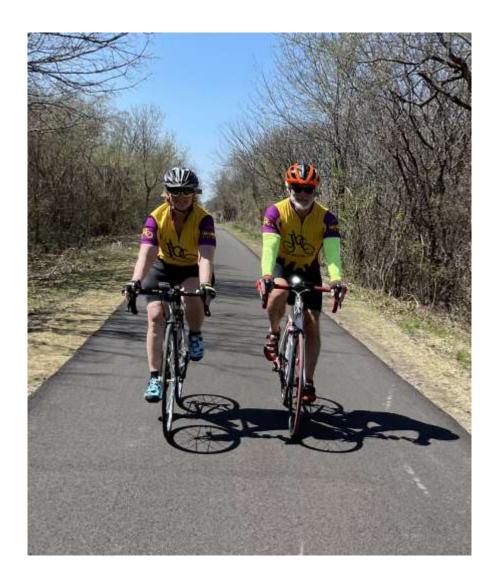
Thursday May 4, 2023 at 7 PM is our next club meeting. Anyone who ordered a club jersey please come to pick it up! All JBC members are welcome to attend the meeting and pizza is available for everyone. Join us at 7 PM - Pizza For U in Joliet, 116 S. Larkin Ave., Joliet, IL on May 4th.

4th of July Ride Update: Many thanks to all those who have already agreed to volunteer to help included but not limited to: Bob Jacobs will chair and coordinate the SAG drivers. Jim Lambert has completed the routes and will be looking for helpers to mark the routes. Michelle Furmanski is heading up the Plattville Rest Stop volunteers. Bob Kehoe will be setting up the registration tent while Rob Weiss, Shanon

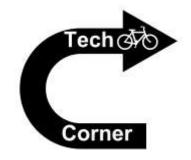
Zajak and Carolyn Jacobs will run the onsite registration. Online Registration is being set up the first week of May by Webmaster Paul Tomasek. Water guru guys Ron Dewey and Bill Kennedy will tap the water truck and keep our riders hydrated. Bob Applegate continues to house our ride supplies which Conrad Brouwer and Janae Hunziker will retrieve a few days before the fourth along with ordering all the food. All permits have been applied for and most are in the boards possession. All systems are a go! More volunteers are needed. We have loads of fun working together join us again this year or make a commitment to help out for the first time! Be a part of the synergy that is JBC.

Happy Trails...

Janae







New SRAM "Transmission"

Rear Derailleur

By Steve Geary

Traditionally rear derailleurs have been very vulnerable. They hang down off the bike in a very precarious position. Sometimes, if the bike just simply falls down on its right side, the derailleur can be knocked out of adjustment or the derailleur hanger will bend or break off. In MTN biking, derailleurs are being ripped off the bike all the time!

A few years ago, SRAM designed the UDH (Universal Derailleur Hanger), in an effort to standardize the fit onto bikes from multiple manufacturers. Prior to the UDH there were hundreds to purchase repair of hangers on the market. If you broke or bent a hanger, chances are your

local bike shop did not have one in stock. Almost all bike shops will have a UDH.

Now comes the new SRAM Transmission. It's a totally new approach that does away with the derailleur hanger all together.

Derailleurs up until now have not been repairable. If the derailleur was hit hard enough, it could be damaged to the point of no return. In that case you were forced to purchase an entire new unit. However, with the new SRAM Transmission, you are able parts and salvage the derailleur at a much lower cost.

So, when the derailleur is struck, what will give way? Where is the failure mode? How strong does a derailleur have to be now that the derailleur hanger has been removed?

In the video below they will perform a destructive fatigue test of the outgoing SRAM design and compare those results against the new Transmission design. You won't believe what you're about to see!



Click Here for Video

Skinny Wheels, Skinny Tires, Skinny Arms ~Steve Geary~

Jim Lambert invites you to....



Jim Lambert wants to let everyone know that the JBC Door County Ride is scheduled for Saturday July 15th through Saturday July

22nd of 2023.

Mark your calendars. Plan your vacation time for 2023 in advance.

The 15th and 22nd of July are travel days. There are planned rides that will be taking place starting on Sunday July 16th and ending on Friday July 21st.

If you are not able to stay the whole week, you are still welcome to join the rides whenever you wish.

All travel related costs (transportation, lodgin g, and food) are the responsibility of each attendee.

Due to the increased interest in Door County, Jim plans on making his reservations sometime in January or February of next

year. At this time, Jim plans on staying at the Parkwood Lodge in Fish Creek.

If anyone has any questions about Door County, contact

Jim Lambert @ fun2bike@pm.me

It's a great place to bike and have fun with other JBC members.

Membership Corner By Steve Geary



No new members for the month of April.



May Flowers & Morris Bakery Ride Social Event

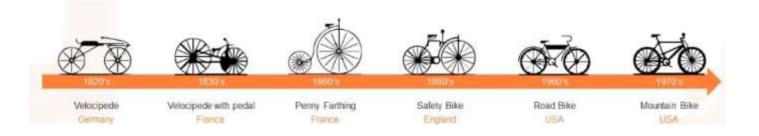
The yo-yo spring weather continues, but the promise of good weather the first weekend of May will be perfect for cycling. Come gather and join the JBC **Board Members Sun**day, May 7, 2023 for a bike ride from Shorewood Four Seasons Park to the Morris Bakery leaving at 9 am. The ride distance will be 40-45 miles. Too short? Ride out to 5 mile

bridge and back for an extra 10 miles. Too long? Consider starting at Channahon State Park for a 30ish mile ride. Start at Plattville if you prefer. Need a shorter ride, ride out of Morris just get to the bakery between 10:15 - 10:45 for a donut or cookie along with a beverage paid for by JBC. It will be a great weather, right around 70°F. Perfect temperature for hanging out and socializing. Please RSVP on Google Groups so we can give the Bakery an approximate count. Looking forward to seeing many of you on your bikes Sunday. Wear your JBC jersey if you have one... all versions welcome. Vintage is sweet....

Happy Trails... Janae



Click <u>here</u>: JBC Ride List



JBC Ride Definitions / Rules / Etiquette

SG - Show & Go - ride leaders, and distances can be decided at the ride

S - Social - Group stays together, rides at posted level, has ride leader.

Ride contacts are to be called for information about the ride.

All riders should plan to arrive at any scheduled ride at least 10 minutes before the scheduled departure time.

AD HOC RIDES

- 1. A non-calendar ride, via google groups email invite
- 2. 12 hour advance notice, e.g. Friday 8am ride invite sent by 8pm Thursday
- 3. Invite must include starting time, location and ride level (I-V)
- 4. Additional details about the ride can be shared too.
- 5. Miles are recorded as: AH/date/leader initials/miles/riders (in alpha form).
- 6. Use AD Hoc number assigned to the day of the ride
- 7. 2 riders minimum for in-state and out of state rides

Please send AD Hoc and regular miles to Bill Cihon at: miles@jolietbicycleclub.com

Send invitational miles with Invitational Mileage Report in the subject line to Bill Cihon at: miles@jolietbicycleclub.com

LEVEL	MPH
I	10-12.4
11	12.5-15
111	15.1-18
IV	18.1-20
V	20.1+

Click this <u>link</u> to view the JBC Member Guide:



JBC Board and Committee Contacts

President, Janae Hunziker Phone: 708.638.5262

president@jolietbicycleclub.com

Vice-President, Michelle Fur-

manski

Phone: 708.305.7565

vice-

president@jolietbicycleclub.com

Treasurer, Conrad Brouwer Phone: 630.918.1552

treasurer@jolietbicycleclub.com

Secretary, Al Rooker

Phone: 815.272.3595

secretary@jolietbicycleclub.com

Ride Calendar, Bob Kehoe Phone: 815.436.7701 kehoerj162@yahoo.com

Ride Mileage Recorder, & Invitational Rides—Bill

Cihon

miles@jolietbicycleclub.com

For invitational rides: Place Invitational Mileage Report in the subject line

to:

miles@jolietbicycleclub.com

Membership Chair & JBC Google

Groups Manager, Steve Geary

Phone: 815.474.3713 jbcggmc@gmail.com

Newsletter Editor, Shirl Boatman

Phone: 816.674.3556

editor@jolietbicycleclub.com

Webmaster, Paul Tomasik

webmaster@jolieticycleclub.com

Reporting Miles, Ride List, Membership

Ride leaders or whomever is in charge for the ride should report miles for daily JBC rides listed on the calendar and for Ad Hoc Rides. Please send the Ride #, date, and list of riders in alphabetical order, and their miles to:

miles@jolietbicycleclub.com Mileage reports should be sent within 3 days of the ride. The JBC Ride List is published monthly on the JBC website.

http://www.jolietbicycleclub.com/ride-calendar/

All JBC Ad Hoc Rides are announced through JBC Google Groups emails.

Make sure you are signed up on JBC Google Groups to get all club announcements.

JBC annual dues are \$15.00

JBC Meeting Information

Regular JBC club meetings will be announced in the Newsletter. JBC holds meetings in Feb, March, April, May, June, Aug, Sept, Oct, Nov. at Pizza 4 U, 116 S Larkin Ave, Joliet. The May General Meeting will be "May the 4th be with you" at 7:00 PM.

Joliet Bicycle Club PO Box 2758 Joliet, IL 60434

Email: President@jolietbicycleclub.com

Website: jolietbicycleclub.com

