



*Joliet Bicycle Club
Newsletter
August 2022*



Joliet Bicycle Club

Volume 36, Issue 8, August 2022

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Message from the President

Bring on the Dog Days of **Summer... Can't believe it is August already!**

We had a successful 4th of July ride because of all the hard work club members put into our annual invitational. Final numbers for the 4th of July Ride will be available September 1st at our next club meeting: Thursday 7 PM at Pizza for U 116 S Larkin Avenue in Joliet. See you there!

AND, many thanks to the ALL the volunteers who helped make our 4th of July ride run as smoothly as possible. In **case you weren't aware, we started the morning with a stumbling block that quickly dissipated. The parking lot at Plainfield South High School was seal coated over the 4th weekend making it impossible for the Port-a-Potty delivery in the usual location near the Tennis Courts. This meant registration had to move to the west side of the building near the Portable Johns. Talk about a well oiled machine that made it work without skipping a beat. I was totally impressed as Shanon and Carolyn got things going along with Bob Kehoe's tent assembly. Since returning riders and JBC volunteers couldn't see the new registration location from the usual location; I made myself useful and di-**

rected the puzzled people to the new registration location. Meanwhile the Plattville Pavilion was up and running before the riders arrived, SAG drivers were out on the well **marked route and that's how a successful ride went on without a major problem. When the skies got dark, riders were asked to head back to PSHS and the two other loops were shut down. Good call SAG crew! Two riders came back to Plattville once the rain began thinking they could, "wait the rain out." With the weather app's map and storm size in view, the two riders accepted Phil's SAG service back to the high school. Once all riders were off the roads, the ride shut down about 30 minutes early. PHEW... well done JBC!**

On a side note, the kids of Plattville will long remember JBC as they took home bags of melting ice cream sandwiches. Once the word was out, they came on scooters, bikes and ATVs and left with smiles from ear to ear!

Don Trejo's passing is a big loss for JBC. Long time members have many fond memories and stories to share. His cycling life is an inspiration with many superlative descriptors: determined, tenacious, grit, persistent, perse-

verance, but mostly, unforgettable. Don's final resting place is prominently placed on his favorite cycling route just outside of Morris on the way to 5 mile bridge. As you ride by his headstone on Old Stage, be sure to think warmly of the man who never gave up our sport when his heart had weakened and earned the nickname Slo-Man. Forever an inspiration...

Just a few days away but **there is still time to RSVP.... The JBC Picnic! ...Email Bob Jacobs...**

I hope to see a big turnout at **Four Season's in Shorewood** for the August 13th picnic. The ride starts at 8 AM. If that is too early, create a shorter ride with fellow cyclists and choose a different time. Please announce your later start ride on Google Groups to let like minded riders join you. Just get back to the pavilion by Noon or drive over just for the picnic. See you there!

Happy Trails...

Janae

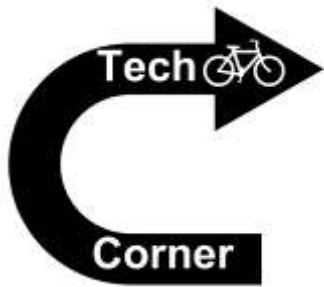
2022 Invitationals

If you don't see the ride(s) on this list that you want to do and want them added, please email: editor@jolietbicycleclub.com

Ride	Location	Date
Palos Meltdown	Pulaski Woods, Willow Springs, IL	August 7, 2022
Hammerfest 2022 Catch me if you can — click here	Plainfield, IL	August 20, 2022
Bike the Drive— click here	Lake Shore Drive, Chicago	September 4, 2022
Apple Cider Century — click here	Three Oaks, MI	September 25, 2022
Pumpkin Pie Ride — click here	Ottawa, IL	October 3, 2022
Hilly Hundred — click here	Ellettsville, IN	October 21-23, 2022

Photo and Graphics courtesy of Janae





ABS Brakes

Bosch system to reduce stopping distances and enhance rider control.

Bosch has more than four decades of experience when it comes to ABS systems.

Bosch is soon to launch an anti-lock braking system for e-bikes. Co-developed with Magura, the system uses multiple sensors to regulate pressure to the front brake and resist lifting of the rear wheel during heavy braking.

Just like the systems that are commonplace in cars and some motorcycles, Bosch's ABS is designed to reduce braking distances and enhance rider control during emergency braking.

ABS should also prove valuable on surfaces with poor grip and for inexperienced riders who fail to modulate their brakes properly.

The technology is a response to an increase in the use of e-bikes, with Bosch quoting around three million cyclists using e-bikes in Germany alone.

Bosch's Accident Research Division learned that accidents involving e-bikes could be reduced by as much as 25 percent if all bikes were equipped with the ABS system, while the number of accidents with severe injuries could be reduced further.



The system pairs up with a specific version of Magura's MT5 hydraulic disc brakes. It's expected to add around 800 grams, compared to a non-ABS e-bike, and consists of a somewhat indiscreet unit that mounts below the handlebar plus a warning light that hugs the stem.

This isn't actually the first time we've heard of ABS making its way onto e-bikes. At Eurobike last year we reported the development of an ABS and traction control system from German company Brake Force One.

Another unusual anti-lock braking system was a strange collaboration between Italian brands Pinarello and Bluebrake.

Powerful brakes and fast bikes can be a dangerous combination, particularly for beginner riders, so it's great to see technology such as this is moving so quickly.

Steve Geary

Self Propelled, Skinny Wheels, Skinny Tires, Skinny Arms

Membership Corner

By Steve Geary

Please welcome new members:

Monica Moose
Jarek Swiech
Michael Coy

Fred Nobrega
Christie Simon
Dennis Giroux



WHAT: The 2022 JBC Summer Picnic Ride

WHERE: Shorewood 4 Seasons Park, South Pavilion

WHEN: Saturday August 13, 2022

Ride starts at 8am
Picnic starts at 10:30am thru 2:30pm

WHO: All JBC members

WHY: It's time for a JBC gathering!

It is time to get together and enjoy each other's company. So come on out and ride, then enjoy the time together to tell stories and catch up with each other. If you prefer to skip the ride, you can still enjoy the company at the picnic.

The ride starts at 8am, and the riders will decide on the routes and the mileage that morning. In the past, there have been enough riders to support several routes with a mileage and pace for almost everyone to enjoy. So come on out!

The club will provide a box style lunch for each guest AS LONG AS YOU TELL US THAT YOU PLAN TO ATTEND. Also, all members are welcome to bring a dish to share. Individually wrapped portions/treats, if possible, would be appreciated.

Shorewood prohibits 'adult beverages' in the park, so please, please be discreet.

Please RSVP by August 7, 2022 so that we can order sufficient food for all attendees.

Come on out and enjoy spending time with fellow club members.

Let's make this picnic a blast!

Bob and Carolyn Jacobs
Email: skiandbiker@gmail.com









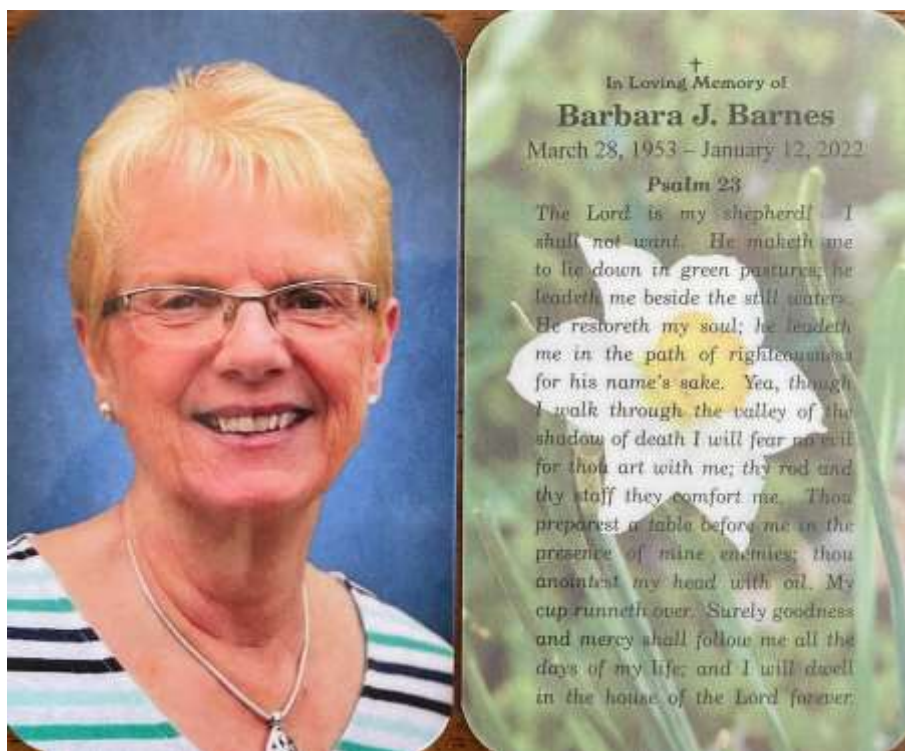








Memorial Ride/lunch for Barb Barnes



Memorial Ride/Lunch for Barb Barnes





Memorial Ride/Lunch for Barb Barnes



Breakfast Ride in Memory of Don Trejo



Remembering Don Trejo

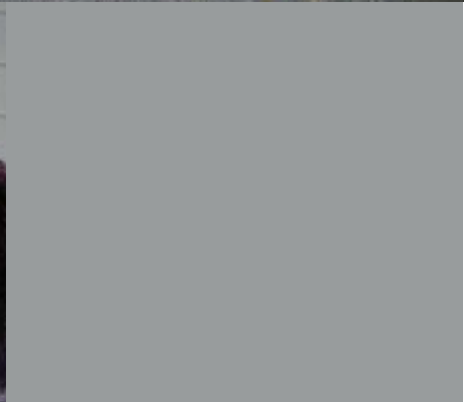












Steve's old not so Smart phone





JBC Ride Definitions / Rules / Etiquette

SG - Show & Go - ride leaders, and distances can be decided at the ride

S - Social - Group stays together, rides at posted level, has ride leader.

Ride contacts are to be called for information about the ride.

All riders should plan to arrive at any scheduled ride at least 10 minutes before the scheduled departure time.

AD HOC RIDES

1. A non-calendar ride, via google groups email invite
2. 12 hour advance notice, e.g. Friday 8am ride invite sent by 8pm Thursday
3. Invite must include starting time, location and ride level (I-V)
4. Additional details about the ride can be shared too.
5. Miles are recorded as: AH/date/leader initials/miles/riders (in alpha form).
6. Use AD Hoc number assigned to the day of the ride
7. 2 riders minimum for in-state and out of state rides

Please send AD Hoc and regular miles to Bill Cihon at:

miles@jolietbicycleclub.com

Send invitational miles with Invitational Mileage Report in the subject line to Bill Cihon at: miles@jolietbicycleclub.com

LEVEL	MPH
I	10-12.4
II	12.5-15
III	15.1-18
IV	18.1-20
V	20.1+

Click this [link](#) to view the JBC Member Guide:



JBC Board and Committee Contacts

President, Janae Hunziker
Phone: 708.638.5262

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Vice-President, Michelle Furmanski

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Phone: 630.918.1552

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Secretary, Al Rooker

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Ride Calendar, Bob Kehoe

Phone: 815.436.7701

kehoerj162@yahoo.com

Ride Mileage Recorder, &
Invitational Rides—Bill
Cihon

miles@jolietbicycleclub.com

**For invitational rides:
Place Invitational Mileage
Report in the subject line
to:**

miles@jolietbicycleclub.com

Membership Chair & JBC Google
Groups Manager,

Steve Geary

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Webmaster, Paul Tomasik

webmaster@jolietbicycleclub.com

Reporting Miles, Ride List, Membership

Ride leaders or whomever is in charge for the ride should report miles for daily JBC rides listed on the calendar and for Ad Hoc Rides. Please send the Ride #, date, and list of riders in alphabetical order, and their miles to:

miles@jolietbicycleclub.com

Mileage reports should be sent within 3 days of the ride.

The JBC Ride List is published monthly on the JBC website.

<http://www.jolietbicycleclub.com/ride-calendar/>

All JBC Ad Hoc Rides are announced through JBC Google Groups emails.

Make sure you are signed up on JBC Google Groups to get all club announcements.

JBC annual dues are \$15.00

JBC Meeting Information

Regular JBC club meetings will be announced in the Newsletter. JBC holds meetings in Feb, March, April, May, June, Aug, Sept, Oct, Nov. Meeting locations and dates may change. General meeting for September on September 1 @ 7:00 PM at Pizza 4 U, 116 S Larkin Ave, Joliet.

Joliet Bicycle Club

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Website: jolietbicycleclub.com

