



Joliet Bicycle Club
Newsletter
February 2022

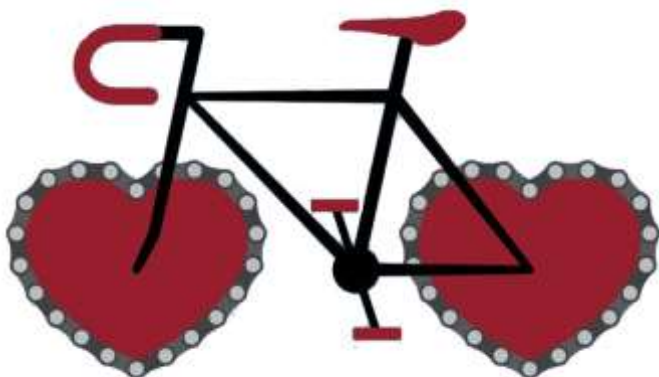


Joliet Bicycle Club

Volume 36, Issue 2, February 2022

Inside this issue:

Message from the President	2-3
Tech Corner	4
Membership Corner	5
Hiking	6-13
Winter Activities	14-15
Chris Baker	16-17
Why is the World so Quite when it Snows?	18-19
Barb Barnes	19
Ride Definitions / Rules / Etiquette	20
Club Information	21



Message from the President

January is passed, bring on February!

As I learned in my Classic Civilization course, January was named for the ancient Roman god Janus who had two faces, one looking into the past, the other with the ability to see the future. All I can do is plan for the future. That said, your Board is busy working on the 4th of July Ride getting needed permits: Plainfield South High School, Plattville, Kendall County, and Joliet.

Having observed the inner workings of putting the 4th ride together, I want to highlight Bob Applegate's behind the scenes critical contribution to the ride's success. Bob has a very large pole barn where he built shelving and dedicates storage space for JBC's water jugs, hoses, food bins, cash boxes, safety cones, garbage cans, and the list goes on. He takes meticulously good care of our supplies and his dedication to the club is an inspiration. Thanks Bob!

After discussion and thoughts for everyone's safety, the Board has decided not to hold Chili Bowl February, 2022. This decision is disappointing but, a large group gathering indoors involving pot luck food is high risk behavior for the Omicron Covid variant. Fingers crossed for Chili Bowl 2023!

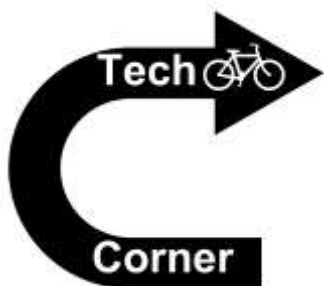
With warm thoughts of Barb Barnes, I invite you to Shirl's special edition supplement newsletter (*Joliet Bicycle Club Supplement Barb Barnes Tribute February 2022*). Thanks to all of you who shared your memories. If I live up to be half the JBC President that Barb left as part of her legacy, I will be proud of my accomplishment.

My heart is heavy as I reach out to the club and express my sincere sympathy for our tragic loss of Christine Baker. Chris was a member of JBC for over 30 years. Her quiet demeanor, yet large presence will be missed by all that knew her but, more profoundly by her long time friends. When JBC annually hosted the ride AIBR, Across Illinois Bike Ride Chris eagerly signed up. More recently, Chris joined in on Monday's for "the slow man ride" with Don Trejo, Ron Dewey's Wednesday rides and other rides west of Joliet.

Happy Trails...

Janae





SRAM XPLR AXS

By Steve Geary

XPLR, as in “Explore”, is SRAM’s most recent group set specifically made for the gravel grinders. AXS, as in “Access”, is SRAM’s electronic technology that allows for all of its wireless products to share communications, so riders can more easily mix and match components from all its different group sets.

Unlike their competitors, SRAM’s eTap group sets are truly wireless. There are no cables or wires routed through the frame, making for an extremely clean installation. The batteries are smaller, mounted directly to the derailleur motors, and the electronic components are fully integrated. The batteries are all interchangeable among their products. For instance, if your rear derailleur battery becomes drained, you can exchange it with the front derailleur. The batteries are also lite enough to carry a spare in your pocket. Battery charge is rated for approximately 60 hours depend on how much shifting occurs.

Gravel bikes are considered a “Tweener”. Their not quite a road bike and also not a mountain bike, but somewhere in between. In the past many gravel bikes came with road bike group sets, and many riders would modify their gravel bikes with mountain bike components. This new group set uses technology from both and combines them into something that works well to accommodate the needs of the gravel grinder segment.



XPLR is a 10-44T 12 speed, narrow/wide 1x chainring with either a 38T or 46T, to give you a 440% range. The 6 high range gears on the cassette are closely spaced like a road bike, while the low range gears have a wider spacing to get you up those steep climbs and through the rough terrain. (10-11-13-15-17-19-21-24-28-32-38-44) The SRAM 12s cassettes utilize the XDR Freehub bodies and the SRAM flattop chain that have slightly larger roller diameters.



The AXS system is configurable, so you can tune the shifting to suit your riding style. It also takes advantage of SRAM’s Clic Shifters that allow you to shift from the top bar.



The new XPLR AXS rear derailleurs will be offered at the Red, Force, and Rival levels.

Steve Geary



Membership Corner

By Steve Geary

Please welcome the following
new member:
Jane Karner



And
she
“fixed”
it!



Please note any items that are underscored in this newsletter are clickable links. You may have to use CTRL and Click the Link depending on your computer.

SSHA 2021-2022 Series

Steve and Shirl's Hiking Adventures

Hiking with Steve and Shirl Checklist

Additional pair of pants to remain in vehicle
Additional pair of shoes to remain in vehicle
Additional pair of socks to remain in vehicle
Plastic bag for muddy boots to remain in vehicle
Check weather before leaving home for appropriate layers
Dress in Layers
Gloves - glove liners
Hat
Hiking map (Provided in email invite) - Printed or digital
Hiking Poles (optional)
Micro-spikes for boots
Monitor email for updates/cancellations
Snack
Sunglasses
Water bottle
Waterproof boots

Date	Region	Name	Miles	Terrain	Link
12/4/21	Joliet	Pilcher Park	4.0	2	ridewithgps.com/routes/37430350
12/12/21	Palos	Maple Lake	4.1	2	ridewithgps.com/routes/28963663
12/18/21	Mokena	Hickory Creek East	4.7	2	No Map – Single Track
1/1/22	Mokena	Hickory Creek East	6.75	2	
1/8/22	Yorkville	Saw Wee Kee	4.9	4	ridewithgps.com/routes/37826051
1/15/22	Palos	Red Gate	4.8	3	ridewithgps.com/routes/28966278
1/22/22	Naperville	Knock Knolls	4.9	2	ridewithgps.com/routes/33984566
1/29/22	Palos	Swallow Cliff South	5.3	3	ridewithgps.com/routes/37485539
2/5/22	Warrenville	Herrick Lake	5.7	1	ridewithgps.com/routes/28956487
2/12/22	Palos	McCloughry Springs	5.1	1	ridewithgps.com/routes/28962987
2/19/22	Elwood	Midwin Group 63	3.4 - 5.8	1	ridewithgps.com/routes/34279438
2/26/22	Palos	Campground Trail	5.5	3	ridewithgps.com/routes/36928066
3/5/22	Woodridge	Green Valley	4.2 - 6.3	1	ridewithgps.com/routes/35122538
3/12/22	Palos	Stonehouse	4.3 - 5.8	3	ridewithgps.com/routes/36924019
3/19/22	New Lenox	Hickory Creek Barrens	6.6	1	ridewithgps.com/routes/34280293
3/26/22	Palos	Little Red Schoolhouse	3.1 – 3.9 – 5.8	1	ridewithgps.com/routes/37691934
4/2/22	Shorewood	Hammel Woods	3.3 - 6.7	3	ridewithgps.com/routes/34283099
4/9/22	Palos	Bloodshed	3.5 - 5.9	4	ridewithgps.com/routes/36070285
4/16/22	Utica	Starved Rock East	5.3 - 6.0 - 7.7	3	ridewithgps.com/routes/38010914
4/23/22	Palos	Boating Center	8.2	3	ridewithgps.com/routes/36035616
4/30/22	Lemont	Waterfall Glen	10.0	1	ridewithgps.com/routes/34298908

Date & Time: January 1, 2022 @ 8 am

Location: Hickory Creek Forest Preserve [11000 W Lincoln Hwy, Mokena,](#)

Park Here: [41.503755, -87.884216](#)

Distance: 5 miles

Difficulty Level: 2



Hike #4



Hike #4

My favorite tree in
Hickory Creek



Ad-Hike

Date and time: January 2, 2022 @ 9:00 AM

Location: Hadley Valley Bruce Road Access ([14649 W Bruce Rd, Homer Glen](#))

Distance: 7 miles

Difficulty: 2



Ad-Hike

Date and time: January 9, 2022 @ 10:00 AM

Location: Palos Forest Preserve

Distance: 7 miles

Difficulty: Fast



Date & Time: Saturday, January 8, 2022 @ 10:00 am
Location: [3437 Sundown Ln, Yorkville, IL](#)
Distance & Speed: 5 miles @ 3 mph
Park Here: [41.672742, -88.394328](#)
Terrain/Difficulty: #3 Moderate
Route Map: [Ride/Hike with Global Positioning System](#)

Hike #5



Saw
Wee
Kee
Kee
MGG
W&S

Hike - Saturday 1/15
Red Gate Woods in the
Palos Forest Preserve.
Approximately 5.8 miles.
Trail Names: TURF (*Trail
Users Rights Founda-
tion*), Psycho Path, Dyna-
mite Road, 3 Ravines,
Pipeline, Campground,
and the Ho Chi Minh Trail

Hike #6



Date & Time: Saturday 1/22 @ 10:00:00 am
Location: Knoch Knolls, [2807 Washington St, Naperville, IL 60565](https://www.google.com/maps/place/2807+Washington+St,+Naperville,+IL+60565)
Parking: [41.713890, -88.129597](https://www.google.com/maps/place/41.713890,-88.129597)
Distance: [5.1 miles](https://www.google.com/maps/place/5.1+miles) @ 3+ mph
Weather: [Naperville IL](https://www.google.com/maps/place/Naperville+IL)

#2 Easy/Moderate: These hikes usually include more elevation changes and/or steeper grades and can be longer in length. The walking surface may be slightly rougher due to roots, rocks, step overs, snow, etc. Very suitable for anyone in good physical condition.

Hike #7



Ad-Hike

Date & Time: Sunday 1/23 @ 10:00:00 am

Location: Catalina Grove Family Picnic Area, 151st & Catalina Dr, [J58X+X7 Orland Park, Illinois](#)

Parking: [41.617364, -87.801755](#)

Distance: Unknown @ 3+ mph



Date & Time: Saturday 1/29 @ 10:00:00 am

Location: [Swallow Cliff Woods - South Picnic Grove](#)

Distance: 5.3 @ 3+ mph

Map: [Swallow Cliff](#)

Hike #8



Ad-Hike

Date & Time: Sunday 1/30 @ 10:00:00 am

Location: Catalina Grove Family Picnic Area, 151st & Catalina Dr, [J58X+X7 Orland Park, Illinois](#)

Parking: [41.617364, -87.801755](#)

Distance: Unknown @ 3+ mph (be prepared for 6+ miles)



Hiking is a long, vigorous walk, usually on trails or footpaths in the countryside. Walking for pleasure developed in Europe during the eighteenth century.^[1] Religious pilgrimages have existed much longer but they involve walking long distances for a spiritual purpose associated with specific religions.

"Hiking" is the preferred term in Canada and the United States; the term "walking" is used in these regions for shorter, particularly urban walks. In the United Kingdom and the Republic of Ireland, the word "walking" describes all forms of walking, whether it is a walk in the park or backpacking in the Alps. The word hiking is also often used in the UK, along with **rambling** (a slightly old-fashioned term), **hillwalking**, and **fell walking** (a term mostly used for hillwalking in northern England). The term **bushwalking** is endemic to Australia, having been adopted by the Sydney Bush Walkers club in 1927.^[2] In New Zealand a long, vigorous walk or hike is called **tramping**.^[3] It is a popular activity with numerous hiking organizations worldwide, and studies suggest that all forms of walking have health benefits.^{[4][5]}

JBC Winter Activities



JBC Winter Activities



JBC Mourns the Loss of Chris Baker

Christine E. Baker of Morris passed away January 27, 2022, at the age of 61. She was born on September 9, 1960, in Morris, the daughter of the late James and Mary K. (Hume) Baker.

Christine grew up on the family farm south of town and was a graduate of Morris High School. She loved being outdoors, which led to her passion for bike riding. She loved the horses on the farm and cats. Her favorite times were traveling with her family.



Christine is survived by her brother James (Andrea) Baker of Morris; sister-in-law Debra Baker; her nieces and nephews Peter (Tracey) Baker, Holly (Thomas) Almanza of Winsor, Pennsylvania, Katherine (Timothy) Shimp of Morris and Kyle (Jeannette) Baker of Woodbury, Minnesota. She is also survived by her great nieces and nephews Dylan Baker, Brody Baker, Alana Baker, Ella Almanza, Tori Almanza, Macy Almanza, Risa Almanza, Nora Almanza, Jaxen Shimp, KolbiLyn Shimp, and Nora Baker. She is preceded by her parents James and Mary K., brother Tom and her sister Susie.

A visitation for Christine will be held on Tuesday, February 1, 2022, from 10:00 am to 11:00 am at the UC Davis-Callahan Funeral Home in Morris.



A celebration of Christine's life will follow at 11:00 am, officiated by Pastor Scott Zorn and Pastor Thomas Almanza. Ella Almanza will play a piano solo. Burial will be at Evergreen Cemetery. An online guestbook has been created for the family, where you may sign the guestbook, share memories and photographs. You may visit our website at www.ucdaviscallahan.com. Arrangements have been entrusted with the U. C. Davis-Callahan Funeral Home located at 301 West Washington Street, Morris, Illinois 60450.



WHY IS THE WORLD SO QUIET WHEN IT SNOWS? THE SCIENCE BEHIND THE SILENCE

Have you ever noticed how peaceful the world seems after a good snowfall? How a hush falls over the landscape whenever it snows? It's not just your mind playing tricks on you. Snow does make the world seem more quiet.

Some of the new-found quiet after a snowfall is logical. People tend to stay home during snowstorms, which means

there are fewer people outside and not as many cars on the road. And birds tend to hunker down during severe weather, so they are more quiet during a snowstorm too, according to the [National Audubon Society](#).

But there's science behind the silence as well. That's

because snow absorbs sound, so when a fresh blanket of snow covers the landscape it absorbs many of the sound waves, making it seem quieter outside, according to [AccuWeather](#).



Sound absorption is rated on a scale of 0 to 1, AccuWeather reports. Something with a sound absorption rating of 0.5 absorbs 50 percent of sound, for example. The sound absorption rating of snow falls somewhere between 0.5 and 0.9, meaning it absorbs much of the surrounding sound.

The reason snow is able to absorb sound is because it is porous. Snowflakes are six-sided crystals, and they are filled with open spaces, according to the [Michigan State University Extension](#).

Those spaces absorb sound waves, creating a quieting effect over a blanket of snow.

Not all snowfalls are equal when it comes to silencing the world outside. Just a dusting of snow isn't enough to absorb

much sound. Usually a few inches of snow is needed to have a noticeable quieting effect, according to AccuWeather.

As snow melts, it loses its silencing ability because the snowflakes change shape as they melt, reducing the size of the spaces between the crystals. As

temperatures fluctuate in winter, newly fallen snow can partially melt and then freeze. Once the snow turns to ice, it can actually amplify nearby sounds because ice reflects sound

waves rather than absorbing them, according to the Michigan State extension.

So that silence that falls over the world after a fresh snowfall is likely only tem-

porary, as fleeting as the beauty of newly fallen snow, which is all the more reason to get out there and experience it rather than just admiring it from indoors.



JBC Mourns the loss of Barb Barnes

Please see Joliet Bicycle Club Supplement—Barb Barnes Tribute February 2022



JBC Ride Definitions / Rules / Etiquette

SG - Show & Go - ride leaders, and distances can be decided at the ride

S - Social - Group stays together, rides at posted level, has ride leader.

Ride contacts are to be called for information about the ride.

All riders should plan to arrive at any scheduled ride at least 10 minutes before the scheduled departure time.

AD HOC RIDES

1. A non-calendar ride, via google groups email invite
 2. 12 hour advance notice, e.g. Friday 8am ride invite sent by 8pm Thursday
 3. Invite must include starting time, location and ride level (I-V)
 4. Additional details about the ride can be shared too.
 5. Miles are recorded as: AH/date/leader initials/miles/riders (in alpha form).
 6. Use AD Hoc number assigned to the day of the ride
 7. 2 riders minimum for in-state and out of state rides
- Please send AD Hoc and regular miles to Bill Cihon at:
miles@jolietbicycleclub.com
- Send invitational miles with Invitational Mileage Report in the subject line to Bill Cihon at: miles@jolietbicycleclub.com

LEVEL	MPH
I	10-12.4
II	12.5-15
III	15.1-18
IV	18.1-20
V	20.1+

Click this [link](#) to view the JBC Member Guide:



JBC Board and Committee Contacts

President, Janae Hunziker

Phone: 708.638.5262

president@jolietbicycleclub.com

Vice-President, Michelle Winters

Phone: 708.305.7565

[vice-](mailto:vice-president@jolietbicycleclub.com)

president@jolietbicycleclub.com

Treasurer, Conrad Brouwer

Phone: 630.918.1552

treasurer@jolietbicycleclub.com

Secretary, Al Rooker

Phone: 815.272.3595

secretary@jolietbicycleclub.com

Ride Calendar, Bob Kehoe

Phone: 815.436.7701

kehoerj162@yahoo.com

Ride Mileage Recorder, &
Invitational Rides—Bill
Cihon

miles@jolietbicycleclub.com

**For invitational rides:
Place Invitational Mileage
Report in the subject line
to:**

miles@jolietbicycleclub.com

Membership Chair & JBC Google

Groups Manager,

Steve Geary

Phone: 815.474.3713

jbcggmc@gmail.com

Newsletter Editor, Shirl Boatman

Phone: 816.674.3556

editor@jolietbicycleclub.com

Webmaster, Paul Tomasik

webmaster@jolietbicycleclub.com

Reporting Miles, Ride List, Membership

Ride leaders or whomever is in charge for the ride should report miles for daily JBC rides listed on the calendar and for Ad Hoc Rides. Please send the Ride #, date, and list of riders in alphabetical order, and their miles to:

miles@jolietbicycleclub.com

Mileage reports should be sent within 3 days of the ride.

The JBC Ride List is published monthly on the JBC website.

<http://www.jolietbicycleclub.com/ride-calendar/>

All JBC Ad Hoc Rides are announced through JBC Google Groups emails.

Make sure you are signed up on JBC Google Groups to get all club announcements.

JBC annual dues are \$15.00

JBC Meeting Information

Regular JBC club meetings are at 7 pm on the 2nd Monday of the month. JBC holds meetings in Feb, March, April, May, June, Aug, Sept, Oct, Nov. Meeting locations and dates may change.



Joliet Bicycle Club

PO Box 2758

Joliet, IL 60434

Email: President@jolietbicycleclub.com

Website: jolietbicycleclub.com