

Joliet Bicycle Club Newsletter January 2021



Joliet Bicycle Club

Volume 35, Issue 1 January 2021

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Message from the President—Unedited

December 23, 2020

Hello fellow JBC members,

Happy New Year to all. I hope you all had a wonderful holiday. I saw an email from Steve Geary our membership chair telling all that a JBC membership is a great holiday gift. I know many of us due to the pandemic may not see family and friends as we usually do during the holidays, so I second Steve's great idea for a great late holiday gift of a JBC membership.

We are definitely in the grips of winter. Its 11 degrees outside and just yesterday was 57 degrees and we were riding. Hopefully we will see some warmer days ahead without snow and ice where we can get out and ride.

In the meantime, I know we have many of our snowbird members are enjoying Florida. If anyone is visiting Florida be sure to look up their ad hocs.

This month's newsletter will feature our 2^{nd} Meet the Member installment. We look forward to meeting this member. As last newsletter, I'll give you some hints. She's a she, that narrows it down. She's single, kind of. She is a very active member of JBC and always has a kind word for all. Well, that's all the hints you're getting. To find out who this months Meet the Member is you'll just have to check out the newsletter.

I have some very good news to report. We have an outstanding member who has stepped up and volunteered her valuable time to take on the VP role. I would like to introduce our newest member of the JBC board and Vice President Janae Hunziker. I'm sure Janae will serve our JBC members to the best of her ability. Janae's experience with JBC will make her an excellent VP. Please join me in welcoming Janae to her new position.

We are moving forward with the July 4th ride. We are still looking for volunteers and committee leaders for the ride. Let's make this year's ride make up for the loss of last years ride. Please contact Gary Zaur our July 4th coordinator to volunteer, garyzaur@yahoo.com

I look forward to seeing many of you in 2021 and beyond. Rolling Forward,

Rob Weiss

Rob Weiss, President, JBC

4th of July Invitational Update

By Dominick Chellino

I will be splitting the 2021 July 4th Invitational Lead with Gary Zaur and then taking the lead in 2022. We had a small group Invitational planning meeting in October and made the decision to go with a 2021 July 4th Ride. Gary and I will be meeting with Platteville on December 8th to secure Plecher Park. Gary has also made contact with Plainfield South for ride start. I will be reaching out to past Invitational Captains for Leader positions & ALL JBC Membership for ride day duties. Jim Lambert, our route designer has proposed staying with the 2019/2020 route, but run it backwards. If anyone has any suggestions to improve our Invitational please Email me. JBC has a great ride, but always looking to tweek it BETTER - BEST - "GREATEST"! "Our Membership Volunteers make this ride and we hope you can help Monday, July 4th 2021"

NOTE: JBC has received



Platteville permission to use



A FEW JBC 2020 SOCIAL DISTANCING VIRTUAL AWARDS

By Dominick Chellino

Most Improved Female Riders:

Michelle Winters

Ath of July Centur

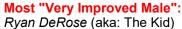


Shanon Zajac



Bea Andrews







Drafting Award:

Mike Henry & Mike Peterson (a Mikey thing)



Don "Slowman" Trejo & Mike Drackley





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"MEET THE MEMBER DIANE DAUDELL" Submitted by Rob Weiss



December 29,2020

When did you join JBC and why did you join the club?

I joined JBC for rides close to my home in Plainfield. The first time I joined because Janet K was riding out of Plainfield Central High School. Eventually I started riding with Bob Marsh who was the master at developing long rides out of thin air which inspired me to begin to ride longer distance. Jeff Felicetti and I would just follow; sometimes joined with Deb Nona. I then joined JBC again after meeting Brian and the fun ride camaraderie Phil Furmanski instilled in the night rides out of Mather Woods. Brian challenged me to become a better and more versatile cyclist. I began mountain

biking, cold weather riding and attended many out of state invitationals, my favorite was the Horsey Hundred in Kentucky.

What brought you into cycling?

I Always enjoyed biking; would ride Marquette Park at all hours, with friends or solo. Then graduated to Waterfall Glen before the runners came. I joined several bike clubs to meet likeminded people.

What do you enjoy most about cycling with JBC?

I enjoy the people, friends made, a lot of laughing and joking on the rides. JBC is blessed to have many great locations to ride... it is not all farm fields. I especially like being able to do distant rides with minimal traffic.

Tell us about your favorite cycling adventure.

There are several. Not too any years ago I enjoyed a summer of century rides; not close to Dominick, but got in 7 century rides with the longest 124 miles. There were great times getting lost with Russ and Ingrid in Door County and the rest of the group rides there. Riding / climbing the hills in Wisconsin and Michigan, and of course the mountain passes in Colorado. There have been so many windy and interesting rides out of Plattville and Na Au Say just this last year; riding with Gary on the hottest day of the year as the asphalt melted under us so we couldn't stop. Riding with Gary and Mark while the police were searching for the fugitive around Lisbon. And of course, getting thoroughly drenched twice in one week.

Where do you cycle mostly with JBC and why?

Na Au Say since it was close to home. Then Centennial Trail in the colder weather, better wind protection.

What is your favorite JBC route?

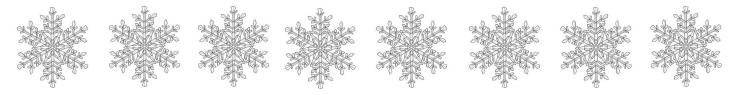
Enjoy riding out to Sheridan; the long stretches and open area. Always fun to speculate about "the secret place". And then you never know when Shawn Guetz would show up and lap us.

What is your favorite JBC event

The July 4th ride. It is great to see all the bikers and all the volunteers from the club. Before I joined JBC, it was the first invitational I ever rode. I wasn't sure I'd finish the 62 miles; took a long time and was in one of the last groups to make it back but did it.

If you could cycle anywhere in the world, where would it be?

New asphalt, tail wind, blue skies, no traffic. Otherwise, a place like The Villages Florida, where I can ride from the house, or ride to a group ride.



Welcome our new Vice-President, Janae Hunziker!

SOMETHING TO THINK ABOUT & PLAN FOR! "JBC WILL BE 50 YEARS YOUNG IN 2022" Special Celebration Ideas???????



LIFE MEMBERSHIP AWARD

The JBC Board is very happy to announce a JBC Life Membership has been presented to Shirl Boatman & Steve Geary. Both Shirl and Steve have been active JBC riders and members for 13 and 25 years respectively. They have given many behind the scene hours redesigning and updating the JBC Website, Google Groups Manager, Newsletter Editor, Membership Chair, Regular & Social Ride Leaders, July 4th Invitational Volunteers & of course Shirl is a "Hug-A-Biker" Specialist. Congratulations and Thank You from the entire JBC family.

Dominick & board

















Membership Corner

By Steve Geary

Happy New Year!

As of January 1, 2021 we have 121 members in our bike club. As we draw closer to spring we traditionally pick up more members.

2021 New Members:

Justin Rose Emma Spring

Board of Directors:

President - Rob Weiss Vice President - Janae Hunziker Treasurer - Conrad Brouwer Secretary - Al Rooker

Committee Members:

Website Admin - Bill Cihon
Mileage Statistician - Bill Cihon
Newsletter Editor - Shirl Boatman
Membership Chairman - Steve Geary
Google Groups Admin - Steve Geary
4th of July Co-Chairmen - Gary Zaur & Dominick Chellino
Facebook - Rob Weiss
Ride List Editor - Robert Kehoe
Many other important volunteers to be acknowledged at a later date.

Lifetime members:

Alberico	Brenda
Alberico	Steve
Applegate	Bob
Boatman	Shirl
Chellino	Dominick
Chellino	Jeanie
Geary	Steve
Kehoe	Bob
Kehoe	Pat
Lang	Char
Mitoraj	Steve
Nielsen	Ingrid
Walsh	Diane
Walsh	James

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High Vis Clothing

Submitted by: Rob Weiss

Written by:

Don Lacoste - President, Coastal Cruisers Bicycle Club

Many of our Members did not see this article that was sent to only Ride Leaders back in 2018. As a club we have made great strides in pushing for high-vis clothing and the use of daytime lights. This was evident by the sea of high-vis worn by many or our riders at our gathered locations. After reading this article, I would ask you all to be very aware of cyclists you encounter, especially when you are driving, over the next few weeks. See for yourself how soon you spot a cyclist wearing high-vis or lights or both. Then compare that to the cyclists you don't see until you are right upon them.

High-Vis

I've been made fun of for my hi-vis bike and clothing and I have to agree, sometimes it's a bit over the top! I once showed up to a ride with a high-vis shirt, pants and matching socks. I should have looked in a mirror before leaving my house!!! So why this affection for high-vis clothing? Well, as a long distance motorcyclist, I have tried very hard to prevent being killed while taking on the risk of riding these contraptions. So the way I manage this risk is to increase my visibility to other drivers with both my clothing and bright daytime driving lights and lots of riding experience and professional training.

Of course I didn't invent this wheel as I looked at studies that show just how effective this type of clothing works. It works so well that it is federal law that any employee working on a federal highway is required to wear high-vis protective clothing. In the private sector OSHA requires employees working around heavy equipment or traffic to wear high-vis. Are they all wrong? Nope, it has been proven statistically that it reduces accidents by over 30%. In some cases that number is higher, especially with highway workers.

Denmark has a huge cycling culture. They have done extensive studies on this and their numbers, based on over 6000 cyclists in their study group, found that high-vis clothing reduced collisions with automobiles by 44%!!! So why such an incredibly higher number for bicyclists? Well, bicyclists are WAY more vulnerable to accidents than motorcyclists or highway construction workers. At least with a motorcycle, you are part of the normal traffic flow and keep up with traffic while bicyclists are being overtaken by hundreds of cars on each ride. Everytime a car passes us, we "hope" that they see us. The same is true with cars coming out of intersections and turning in front of us. We are basically invisible unless there is something about us that stands out.

So do all bright colors work? The answer is no. You would think red would be a good color but when red is in the shadow of trees, it dulls out very quickly. The reason that high-vis works is that those colors show up in all light conditions.

How about the use of daytime running lights? Well again, Denmark has done extensive studies on this with both front and rear strobe lights. They used a study group of 4000 cyclists and half were required to use strobe daytime lights while the other 2000 cyclists didn't. The results were a 30% reduction of accidents for those cyclists using the lights.

There were just under 900 cyclists killed by automobiles in 2015 in the US. Florida that year had the highest incident of bicycle fatalities! I could not find any statistics on the number of injuries caused by accidents with automobiles but I would assume it's a pretty high number. So if you are not concerned much about safety, keep riding in black. If you want to reduce your risk, you have some valuable information to ponder. No, you don't have to get rid of your dark cycling clothes but consider buying a lightweight high-vis vest. Some are as inexpensive as \$5.00.

And remember, A Safe Ride is No Accident





JBC Ride Definitions / Rules / Etiquette

SG - Show & Go - ride leaders, and distances can be decided at the ride

S - Social - Group stays together, rides at posted level, has ride leader.

Ride contacts are to be called for information about the ride.

All riders should plan to arrive at any scheduled ride at least 10 minutes before the scheduled departure time.

AD HOC RIDES

- 1. A non-calendar ride, via google groups email invite
- 2. 12 hour advance notice, e.g. Friday 8am ride invite sent by 8pm Thursday
- 3. Invite must include starting time, location and ride level (I-V)
- 4. Additional details about the ride can be shared too.
- 5. Miles are recorded as: AH/date/leader initials/miles/riders (in alpha form).
- 6. Use AD Hoc number assigned to the day of the ride
- 7. 2 riders minimum for instate and out of state rides

Please send AD Hoc and regular miles to Bill Cihon at: miles@jolietbicycleclub.com

Send invitational miles with Invitational Mileage Report in the subject line to Bill Cihon at: miles@jolietbicycleclub.com

LEVEL	MPH
Ι	10-12.4
II	12.5-15
III	15.1-18
IV	18.1-20
V	20.1+

Click this <u>link</u> to view the JBC Member Guide:



JBC Board and Committee Contacts

President, Rob Weiss Phone: 630.910.5200

president@jolietbicycleclub.com

Vice-President, Janae

Hunziker

Phone: 708.638.5262

vice-

president@jolietbicycleclub.com

Treasurer, Conrad Brouwer

Phone: 630.918.1552 treasurer@jolietbicycleclub.com

Secretary, Al Rooker Phone: 815.272.3595

secretary@jolietbicycleclub.com

Ride Calendar, Bob Kehoe

Phone: 815.436.7701 kehoerj162@yahoo.com

Ride Mileage Recorder, & Invitational Rides—Bill

Cihon

miles@jolietbicycleclub.com

For invitational rides: Place Invitational Mileage Report in the subject line

miles@jolietbicycleclub.com

Membership Chair & JBC Google Groups Manager,

Steve Geary

Phone: 815.474.3713 jbcggmc@gmail.com

Newsletter Editor, Shirl Boatman

Phone: 816.674.3556

editor@jolietbicycleclub.com

Webmaster, Bill Cihon

webmaster@jolieticycleclub.com

Reporting Miles, Ride List, Membership

Ride leaders or whomever is in charge for the ride should report miles for daily JBC rides listed on the calendar and for Ad Hoc Rides. Please send the Ride #, date, and list of riders in alphabetical order, and their miles to:

miles@jolietbicvcleclub.com

Mileage reports should be sent within 3 days of the ride.

The JBC Ride List is published monthly on the JBC website.

http://www.jolietbicycleclub.com/ride-calendar/

All JBC Ad Hoc Rides are announced through JBC Google Groups emails.

Make sure you are signed up on JBC Google Groups to get all club announcements.

JBC annual dues are \$15.00

JBC Meeting Information

Regular JBC club meetings are at 7 pm on the 2nd Monday of the month at PizzaForU 116 S. Larkin Ave, Joliet, IL. JBC holds meetings in Feb, March, April, May, June, Aug, Sept, Oct, Nov. Meeting locations and dates may change. No meeting for January.

Joliet Bicycle Club

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